

MYSA Fall 2023 Soccer Rules Summary

Division Name	VS	Goalie Playing Time	Goalie Rules	Half Lengths	Subs	Build Out Line	Rules	1 Game Suspension for a win by:	Field Rules
U06	5v5	No goalie	-	16 mins	On-the-Fly	Half-Line	No headers. No sliding.	More than 7 goals	1 coach per team allowed on field
U08	5v5	1 Half Max	No Punting	20 mins	On-the-Fly	Half-Line	No headers. No sliding.	More than 7 goals	-
U10	7v7	1 Half Max	No Punting	25 mins	On-the-Fly	Marked on Field	No headers. No sliding.	More than 9 goals	-
U12	7v7	1 Half Max	Punting Ok	30 mins	On-the-Fly	-	No headers.	More than 9 goals	-
U15	6v6	1 Half Max	Punting Ok	30 mins	On-the-Fly	-	-	More than 9 goals	2 Girls Minimum on field (not including goalie)

Build Out Line

For those not familiar, The Build Out Line is a US Soccer player development initiative. The build out line promotes playing the ball out of the back in a less pressured setting. It encourages short passes and dribbling instead of long balls. It also aligns with the "No Headers" rule, by not allowing the goalkeeper to punt the ball.

For U6 & U8, when there is a goal kick, the opposing team will need to move back to their own half, until the ball is put back into play. Also, for U8, when the goalie has the ball, the opposing team will need to move back to their own half until the ball is put back into play. For U10, normal build out line rules apply.

It is important that you become very familiar with these rules as they also affect the way offsides is determined for U10. U6 & U8 there are no offsides.

Here are two short YouTube clips to help better explain the build out line:

Explaining The Build Out Line: <https://youtu.be/sQ92Kfilwok>

Build Out Line: <https://youtu.be/cu-F0ywBYsw>

On-the-Fly Substitutions

Here are the proper steps for making "on-the-fly" subs:

- Teams must be on separate sides of the field
- **All subs must take place at the half-way line**
- **The player being subbed off must exit the field at the halfway line**
- **Once the player has come off the field, the sub may enter the field**
- **YOU SHOULD NEVER HAVE MORE THAN THE ALLOTTED PLAYERS ON THE FIELD**
- You do not need to inform the ref of a sub
- Goalies can only be subbed at the halftime break and must play a full half
- All players must still play at least the equivalent of one-half of playing time

