

MYSA Spring 2024 Soccer Rules Summary

Division Name	VS	Goalie Playing Time	Goalie Rules	Half Lengths	Subs	Build Out Line	Rules	1 Game Suspension for a win by:	Field Rules
U6 Girls	4v4	No goalie	-	2 X 8 Qtrs	Quarter break	Half-Line	No headers. No sliding.	More than 7 goals	1 coach per team allowed on field
U5-U6 Boys	5v5	No goalie	-	2 X 8 Qtrs	Quarter break	Half-Line	No headers. No sliding.	More than 7 goals	1 coach per team allowed on field
U7-U8	5v5	1 Half Max	No Punting	20 mins	On-the-Fly	Half-Line	No headers. No sliding.	More than 7 goals	-
U9-U10	7v7	1 Half Max	No Punting	25 mins	On-the-Fly	Marked on Field	No headers. No sliding.	More than 9 goals	-
U12 Girls	6v6	1 Half Max	Punting Ok	30 mins	On-the-Fly	-	No headers.	More than 9 goals	-
U12 Boys	7v7	1 Half Max	Punting Ok	30 mins	On-the-Fly	-	No headers.	More than 9 goals	-
U15	7v7	1 Half Max	Punting Ok	30 mins	On-the-Fly	-	-	More than 9 goals	2 Girls Minimum on field (not including goalie)

U5 & U6 No Referees

Beginning this season, Referees will not be used in the U5 and U6 age groups. Following suit with how other leagues run this division, we will rely on our volunteers and the honor system to play some fun games! To ensure a successful game, please implement the following process:

- One coach per team is allowed on the field of play. This coach will help to facilitate the game and instruct players for throw-ins, goal kicks, corner kicks and goals scored. Please remember, no running up scores!
- The home team Assistant Coach or Team Manager will be responsible for starting the game, ending the game, and tracking the 8-minute quarters. At each of these intervals, you will need to blow the whistle.
- Substitutions should take place during quarter and half-time breaks. All players should play the equivalent of one half.
- If any issues arise, or you need to report a scoring violation, please email: rec@mercedunited.com

Build Out Line

For those not familiar, the Build Out Line is a US Soccer player development initiative. The build out line promotes playing the ball out of the back in a less pressured setting. It encourages short passes and dribbling instead of long balls. It also aligns with the "No Headers" rule, by not allowing the goalkeeper to punt the ball.

For U8 and under, when there is a goal kick, the opposing team will need to move back to their half, until the ball is put back into play.

Also, for U8, when the goalie has the ball, the opposing team will need to move back to their half until the ball is put back into play.

For U10, normal build out line rules apply.

It is important that you become very familiar with these rules as they also affect the way offsides is determined for U10. U8 and under there are no offsides.

Here are two short YouTube clips to help better explain the build out line:

Explaining The Build Out Line: <https://youtu.be/sQ92Kfilwok>

Build Out Line: <https://youtu.be/cu-F0ywBYsw>

On-the-Fly Substitutions

Here are the proper steps for making “on-the-fly” subs:

- Teams must be on separate sides of the field
- **All subs must take place at the half-way line**
- **The player being subbed off must exit the field at the halfway line**
- **Once the player has come off the field, the sub may enter the field**
- **YOU SHOULD NEVER HAVE MORE THAN THE ALLOTTED PLAYERS ON THE FIELD**
- You do not need to inform the ref of a sub
- Goalies can only be subbed at the halftime break and must play a full half
- All players must still play at least the equivalent of one-half of playing time