

Merced United COVID-19 Guidelines

Defined Responsibilities for 14 Players or less



CLUB:

- Train and educate all coaches prior to training on COVID-19 protocols and provide weekly training sessions.
- Develop a waiver to advise coaches, players and parents on their responsibilities and risks to returning to play.
- Provide hand sanitizer stations around the training ground.
- Will designate drop off and pick up locations.
- Delineate and mark all practice boxes.
- Follow all CDC guidelines.
- Reserve the right to modify the training schedule at any time based on outbreak updates.

COACHES/MANAGERS:

- Responsible for all equipment, his or her face covering and sanitation of said equipment.
- Enforce distancing during practice.
- Monitor themselves and players for symptoms of COVID-19.
- Contact club representatives if symptoms develop or exposure to COVID-19.
- Follow all Club guidelines and sign Club waiver.
- Follow all CDC guidelines.

PLAYER/PARENTS:

- Prior to training each player is to check their temperature.
- Contact club representatives if symptoms develop or exposure to COVID-19.
- Follow social distancing measures.
- Bring their own ball, face covering, hand sanitizer and water to training.
- Must sanitize their equipment when players get home.
- Follow all Club guidelines and sign COVID waiver.
- Complete Player and Parent Agreement.
- Follow all CDC guidelines.
- Discuss the importance of following guidelines with child and how it can affect their family.

OUTBREAK PROTOCOL:

If a player or coach tests positive for COVID-19, the coach and players in that group will be required to get tested and will not be allowed on the field until a negative test has been presented to the Club for each player and coach.

Overview of Training Guidelines

- Player and coach temperature and health checks prior to training. Coaches and Players must check themselves prior to training.
- One cohort or team will not exceed 14 players and 2 coaches combined. Teams are restricted to one half of a full field or a 50 yard by 50 yard square. There will be a minimum of 10 yards of buffer space in between each team's box.
- 20 yards of spacing between groups and training sessions.
- Teams are limited to 2 training sessions a week and a maximum of 2 hours.
- No scrimaging or mixing of groups.
- Parents are not allowed on field, but can watch from the car.
- Weekly training sessions will be provided that meet social distancing requirements.
- Goal posts are removed from the field and any portable nets are prohibited.
- Players can share balls only when touched by feet. No touching of teammates ball with hands.
- Coach is the only one touching, laying out and cleaning equipment.
- Goalies are training as field players, can not use hands.
- Face coverings for coaches will be required.
- No heading of the ball.
- No hand shaking or high fives.
- We can pass between players, passing progression drills and team tactical exercises.
- No contact will be allowed.
- Players backpacks and water will be spaced at 6 feet apart from teammates' gear.
- Players when entering and leaving the training ground will be required to wear face coverings. *Face coverings will not be required during training.*
- Pennies should be given to each player. It is their responsibility to clean and have for practice.

I understand the above guidelines. I have discussed these with my child and understand that failure to follow these guidelines could result in the loss of my privilege to train. Also, coaches and managers must follow these guidelines, failure to do so could result in the loss of your team or cohort's ability to train until the next phase of opening. All teams or cohorts must have these guidelines, COVID 19 waiver and all US Club registration passes issued, prior to starting coaches training and time scheduled.

Team: _____

Date _____

Players Name(print) _____ (sign) _____

Coaches Name(print) _____ (sign) _____

Parents Name(print) _____ (sign) _____